



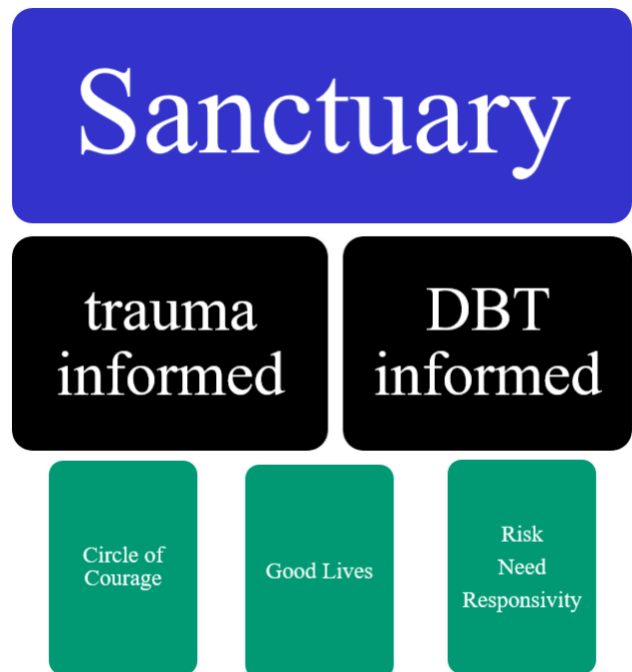
Ridgeview Residential Treatment

The Program

Bethany Christian Services Ridgeview Residential program offers a 24-hour treatment setting for male juveniles ages 12-17 years old who have sexually offended or have done sexually problematic behavior. The treatment program is an open, unsecure program located on a 3-acre campus. Two separate units serve 12 residents each. The Ridgeview program is licensed by the state of Michigan and is fully accredited by the Council on Accreditation of Services for Families and Children.

Overarching Philosophy

The treatment program is grounded in multiple theoretical foundations; all with an emphasis on the inherent worth of residents and that change happens within relationships. The overarching umbrella is the Sanctuary Model, which emphasizes safety and collaboration. Trauma and DBT informed practices are used at all areas of the program. The Circle of Courage, Good Lives, and Risk-Need-Responsivity models of treatment all emphasize the inherent worth of residents, strength-based perspective, and help to address the unique individual needs of each resident.



Clinical Program

Psychological and Psychiatric Services. A fully licensed psychologist conducts a comprehensive psychological evaluation for each resident at the onset of his placement. This information is used by the Treatment Team to develop effective, individualized treatment plans that target the unique needs of each youth. A fully licensed child psychiatrist provides on-site psychiatric assessment and medication review.

Individual, Group, and Family Therapy is provided by licensed master-level clinicians. They implement a treatment plan that addresses the dynamics of the sexual offending behavior, the unique needs that impacted the offending behavior, and the family dynamics to develop or maintain healthy family relationships. Written clinical work, journaling, and family homework is given to youth and families.

Activity Therapy is provided by a licensed master-level Recreation Therapist. This part of the program consists of a variety of action-oriented and experiential interventions, including group initiatives, team challenge low-ropes course, leisure education and skills, and expressive arts. Teamwork, problem-solving, trust, communication, and self-esteem are emphasized.

Daily Program

Youth Specialist staff are essential to the Therapeutic Milieu as they offer direct supervision and interactions with residents daily, including facilitating therapeutic milieu, level system, life skills groups, and group activities. These opportunities promote the core treatment concepts of relationships building, responsibility, empathy, and healthy social and coping skills. Each resident has a Staff Advocate to assist in building relationships.

Education. All youth are enrolled in Grand Rapids Public School and use an online e2020 system with state-certified public-school teachers. Tutors are available several days a week to help residents make academic progress.

Health. All youth received regular medical, dental, and optical examinations as required. An agency nurse is available to assess situations and make referrals for medical and dental appointments as needed.

Admission

Referrals are accepted from state supported agencies, such as the Department of Health and Human Services, CMOs, and family courts as well as individual referrals from families and local community mental health. The per diem is \$377.80 per day.

Criteria for Admissions

- Male, 12-17 years old
- Acknowledgement of sexual offense, inappropriate sexual behavior, and/or adjudication on Criminal Sexual Conduct or similar charge
- IQ of 70 or higher (some exceptions)
- Potential to benefit from treatment

Families are encouraged to participate and be engaged throughout the process of treatment – from admission to aftercare. Families are encouraged to have a pre-admission visit.

To make a referral or receive further information, please contact intake coordinator, Bryan Funk, MA, LPC, at (616) 224-7578 or e-mail bfunk@bethany.org.

Referral Material needed

- Psychosexual assessment/evaluation with residential recommended (required)
- court reports, court order, police reports
- victim assessment, victim impact statements (if available)
- documentation of offenses and/or inappropriate sexual behavior
- previous initial and updated treatment plans (if previously in treatment)
- initial case and updated case treatment plans and/or parent agreements
- psychological testing
- psychiatric evaluation and/or medication reviews
- school reports, e.g. IEPs, evaluations, etc.

Personal Possessions

All items must be approved by the Residential Therapist.

Items allowed at intake

- Personal photos which can be in albums or frames. Photos must be approved by the therapist as appropriate and not of a victim (no glass).
- Personal blanket or comforter.
- Approved books and/or religious material.
- Personal hygiene items (otherwise Bethany will provide)

Level Appropriate Items

- Electronics are not allowed until the resident obtains Level Four. The only exception is that residents can listen to the radio at Level Three.
- Sports items are not allowed until Level Two and must be approved by the Residential Therapist.
- Items earned with progress in treatment.
- Any personal item that is not viewed by the treatment team as detrimental and can be housed in the minimal space provided.

Clothing

(Bethany will provide level appropriate shirts, and other clothing as needed) MDHHS Clothing list will be followed.

- Jeans/pants - No holes in pants.
- Elastic band shorts or sweats can be used for sports or sleeping.
- Tennis shoes or other shoes.
- Coat and/or jacket.
- Underwear and socks.
- Belt.
- T-shirts or sweatshirts

Items not allowed at any time:

- Drugs, alcohol, or tobacco
- Weapon or item that could be used as such
- Personal Cell phones
- Food and candy
- Personally burned CD's
- Inappropriate books, magazines, or sexual material.
- "M" rated games or R rated videos.
- Any movie or music not approved by the Unit Therapist
- Personal access to the internet
- Any items that advertise or promote prohibited items (i. e. beer T-shirt)

Gifts and money

- Gifts and money will be approved on an individual basis.
- Money gifts are limited to birthdays and Christmas.

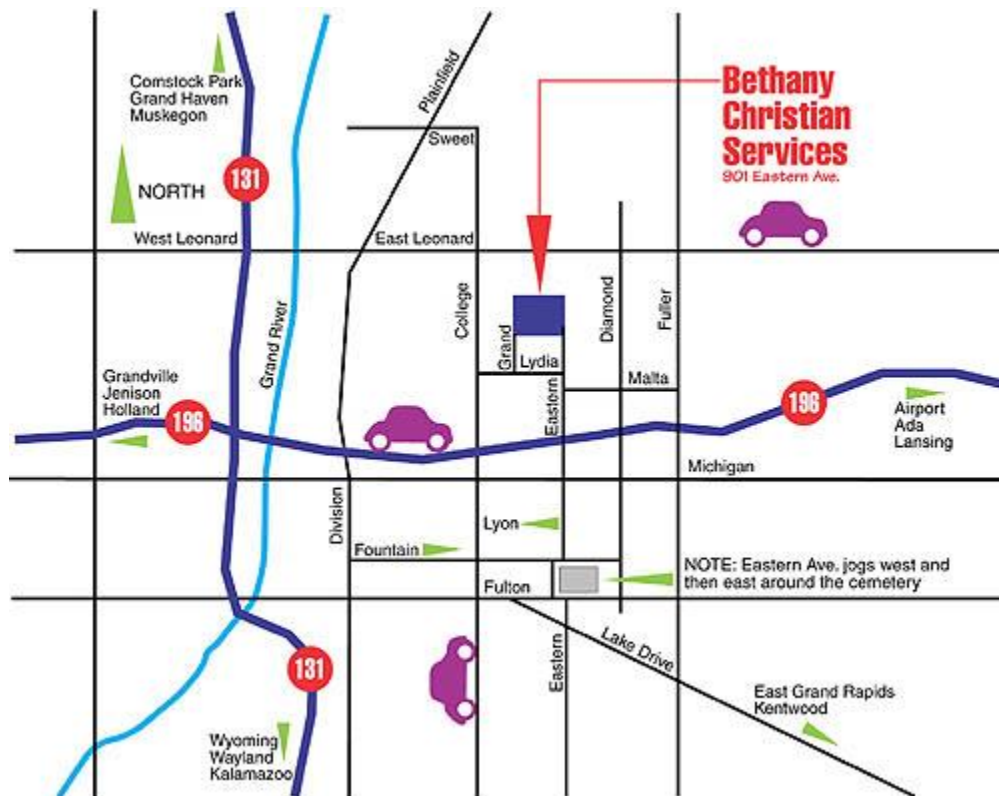
Program response to violating this policy:

Items that are forbidden will be held and sent home to parents or guardians.

Items that are illegal will be confiscated, properly secured and immediately reported to the proper authorities.

DIRECTIONS TO BETHANY CHRISTIAN SERVICES

Residential phone: (616) 224-7566



901 Eastern Ave NE, PO Box 294, Grand Rapids, MI 49501-0294

Southbound or Northbound on 131

Take the Lansing exit to I-196 East

Exit I-196 at College Avenue (2nd exit)

Turn left on College Avenue

Turn right on Lydia (top of the hill)

Turn left on Grand (bottom of hill)

Grand dead-ends into Bethany's campus. Continue passed the 1st entrance (Service and Tech Center)

to the very end of the road. As you enter Bethany's campus, turn left up the hill for parking.

The Residential Services building **B** is on top of the hill.

Eastbound on I-196

Exit I-196 at College Avenue

Turn left on College Avenue

Turn right on Lydia (top of the hill)

Turn left on Grand (bottom of hill)

Grand dead-ends into Bethany's campus. Continue passed the 1st entrance (Service and Tech Center)

to the very end of the road. As you enter Bethany's campus, turn left up the hill for parking.

The Residential Services building **B** is on top of the hill.

Westbound on I-196

Exit I-196 at College Avenue

Turn right on College Avenue

Turn right on Lydia (top of the hill)

Turn left on Grand (bottom of hill)

Grand dead-ends into Bethany's campus. Continue passed the 1st entrance (Service and Tech Center)

to the very end of the road. As you enter Bethany's campus, turn left up the hill for parking.

The Residential Services building **B** is on top of the hill.